

# Bishopstone Walk

## Location Map



### Location Symbols

-  Bus stop/Request stop
-  Railway Station
-  Walk Location

## Essential Information

**Distance:**  
5 miles/8 kms

**Walk grade:**  
2 A generally easy walk with some stiles and long gentle hill, can be muddy in places (depending on weather)

**Maps:**  
OS Explorer 198  
OS Landranger 123

**Start/Finish:**  
Bishopstone Railway Station  
TV 469999

**Public Transport:**  
**Buses:** A regular bus service operates between Eastbourne and Brighton with a request stop close to Bishopstone station  
**Trains:** Bishopstone Station is on the Lewes to Seaford line and has a regular seven day service

**Parking:**  
Parking is available at The Buckle Car Park



## *Paths to Prosperity*

East Sussex is a welcome haven for walkers in the busy south-east of England, with over two thirds of the County covered by the High Weald and Sussex Downs Areas of Outstanding Natural Beauty.

There is also a wealth of picturesque villages, country houses and parkland hidden within its rolling landscape, waiting to be discovered.

Please come and enjoy the unique splendours of our countryside, but please also support the local businesses that help make the countryside the vibrant place that it is today.

### The Country Code

Enjoy the countryside and respect its life and work.

Guard against all risk of fire.

Leave gates as you find them.

Keep your dog under close control in the presence of animals.

Keep to public rights of way.

Use gates and stiles to cross fences, hedges and walls.

Leave livestock, crops and machinery alone.

Take your litter home.

Help to keep all water clean.

Protect wildlife, plants and trees.

Take special care on country roads.

Make no unnecessary noise.

### **Tourist Information Centre**

25 Clinton Place, Seaford

Tel: 01323 897426

Fax: 01323 897426

email: [seaford.tic@lewes.gov.uk](mailto:seaford.tic@lewes.gov.uk)

## *Refreshments and Local Services*

(see map for location)

- 1 Buckle Caravan Park**  
Touring Caravan Park - 01323 897801
- 2 Linda's General Store**  
Newsagents & General Store - 01323 899456
- 3 Nott's Cafe**  
Coffee Shop - Dane Road, Seaford, 01323 894864
- 4 Norton Farm Cottage**  
Self Catering Accommodation - 01323 897544
- 5 The Old Farmhouse & Barn Owls**  
Self Catering Accommodation - 0208 786 5868
- 6 Full Monty Cafe**  
Cafe - 01273 612006
- 7 Mount Pleasant Newsagents and Post Office**  
Newsagent & Post Office - 01273 615562
- 8 The Flying Fish**  
Public House - Denton Road, Denton, 01273 515440
- 9 Benbows Restaurant**  
Restaurant - Bridge Street, Newhaven, 01273 516334

Please note that inclusion of business details in this leaflet does not constitute an endorsement of the business by East Sussex County Council or its agents.

We hope that you enjoy the walk in this leaflet, which is one of a series produced by East Sussex County Council.

Copies of the leaflets for other walks in the series are available from Tourist Information Centres and libraries or direct from East Sussex County Council, by contacting the Rights of Way Team:-

**By phone on:-**

01273 482250 / 482354 / 482324

**By post at:-**

Transport and Environment Department  
County Hall  
St. Anne's Crescent  
Lewes BN7 1UE

**By e-mail at:-**

[rightsofway@eastsussex.gov.uk](mailto:rightsofway@eastsussex.gov.uk)

**By downloading from the website at:-**

[www.eastsussex.gov.uk](http://www.eastsussex.gov.uk)

If any problems are encountered on the walk please report them to the above contact points.

# Bishopstone Walk



Newhaven Port Entrance



## Map Legend

-  Refreshments & Local Services (see over for details)
-  Route
-  Other Public Footpaths
-  Other Public Bridleways

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View towards Bishopstone Village

Starting from Bishopstone Station, leave the station via the exit at the western end of the platform, and descend the steps to Marine Road. Cross the road and turn right to go under the railway bridge before turning left onto the signposted footpath. Follow the path across the area of scrubland to reach the main A259, Coast Road.

Cross the road, turn right and follow for a short distance before turning left onto the footpath signposted to Bishopstone. Cross the stile at the bottom of the steps and follow the footpath along the foot of the slope. On reaching a flint wall, cross by means of the tree stump steps, and then continue across the next field in the direction indicated to the field corner and Bishopstone Road.

Turn left and follow the road, passing the first footpath junction, before turning right at the second footpath signpost indicating Denton  $1\frac{1}{4}$  mile. Follow the path along the edge of the wooded area (The Rookery), and continue along the wide path, straight ahead, at the footpath junction sign. The path now heads uphill, and after a kissing gate, the route reaches open downland, with views back to Bishopstone, and across to Newhaven and Seaford Bay.

Continue to follow the line of the route straight ahead over the open downland, to reach a junction of five paths. Turn left and cross the two stiles before then heading downhill, in the direction waymarked, towards the farm. From the next stile, follow the main track passing the rear of the farmyard. Beyond the next stile cross the field using the uncropped path. At the bottom of the hill, turn left at the signpost, and follow the track beside the old yard to reach the main road.

Cross the road and follow the signposted footpath into the Ouse Estuary Nature Reserve. Continue straight ahead for a short distance, along the surfaced path, before following the signposted, grass path, through the Nature Reserve. At the far side of the Reserve, the route continues close to the warehouse, and then on the signposted path through a wooded area.

Turn left at the path junction on the edge of the recreation ground, and follow the well defined path. The route continues, passing some allotments and then to the rear of factory units, before rejoining the Ouse Estuary Nature Reserve. Follow the path along the banktop to reach the main road.

Turn right and follow the main road for a distance of approximately 400 metres (440 yds.) before turning right onto the signposted footpath. Follow the concrete track to the railway crossing, and then beyond, through the ruins of the Tide Mills. Continue straight ahead at the first footpath junction sign to reach the beach. At the signpost on the edge of the beach, turn left and follow the surfaced path towards Seaford, with Seaford Head visible in the distance.

On reaching the road, just past the sailing club, turn left and follow for a short distance back to the entrance to Bishopstone Station, and the end of the walk.

### ***The Tide Mills***

*The ruins of the village of Tide Mills are located on the shoreline between Newhaven and Seaford. Originally tidal flour mills were built on the site following permission granted by an Act of Parliament in 1761. By the mid 19th Century, the great mills, powered by the tide, had given rise to a sizable population. The village was served by its own railway halt and a rail spur ran from the mill through the village to the mainline. By the end of the 19th century the mill was in decline, due to the infilling of the estuary, repeal of the corn laws and cheap rail transport. Today the ruins of the mills and village provide only a reminder of the settlement that used to be on this site.*



The Tide Mill Ruins