

Trail : HAMPTR0064  
 Activity : Cycle  
 Type : Country Escape  
 Terrain : Cross Country  
 Author : Robert Stanley  
 Distance : 3.3 miles / 5.3 kms  
 Ascent : 594 feet / 181 metres  
 Location : SU718181 / PO8 0QE



Holt Down Plantation  
 © David Kemp



War Down, QECP  
 © Chris Wimbush



Visitor Centre, QECP  
 © Martyn Pattison

### Trail Summary

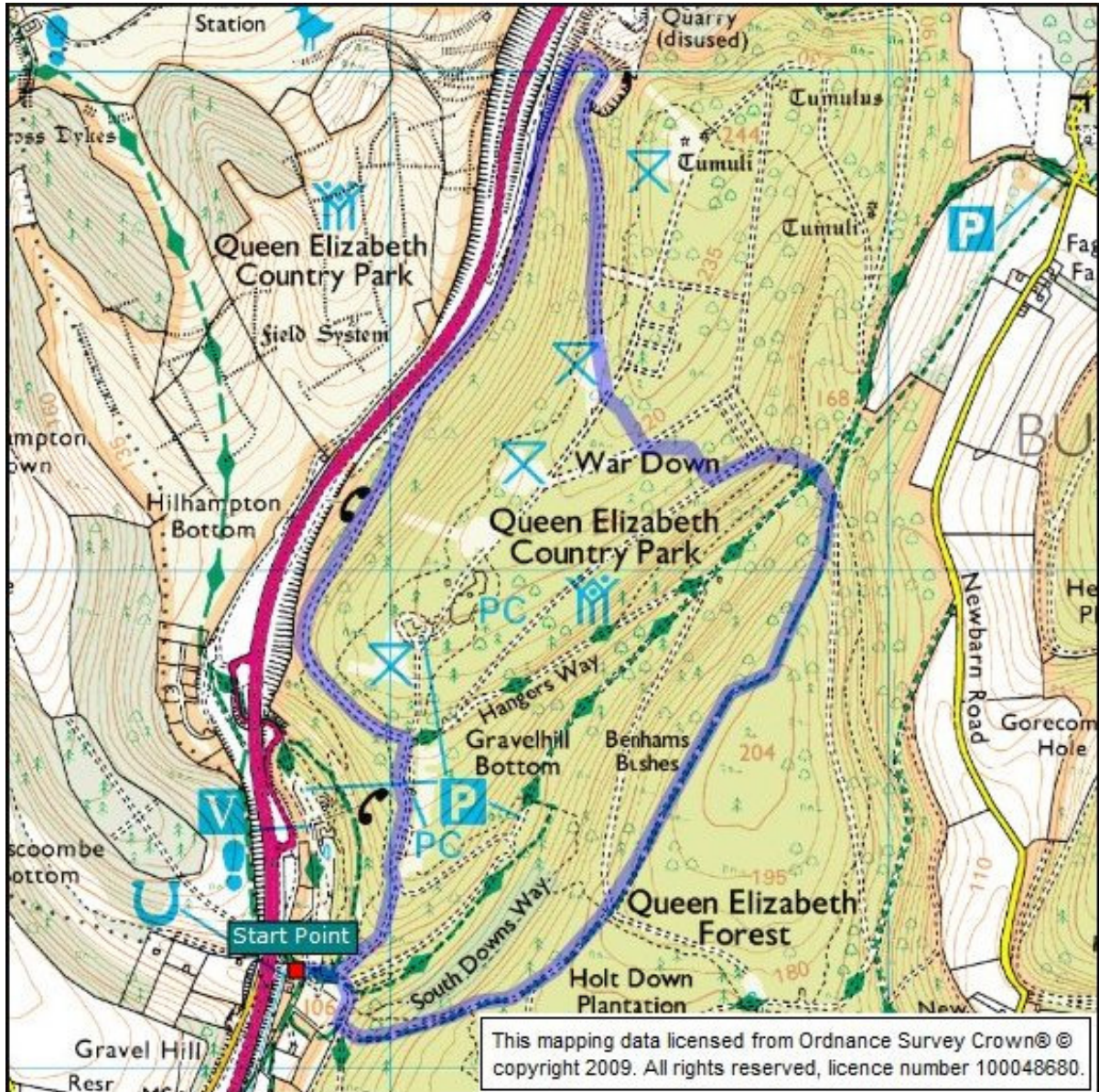
This off-road cycle trail through Queen Elizabeth Country Park is designed for experienced mountain-bike riders who have good technical skills.

### Trail Details

Queen Elizabeth Country Park has two fully marked off-road mountain bike trails. One is for experienced riders and the other less strenuous one is for those new to off-road biking. Both trails are sponsored by the CTC.

This experienced rider trail follows both hard surfaced and unsurfaced tracks. It is mostly single track, much of which is off-camber and rooty. There are some steep ascents and fast descents. Orange squares on marker posts guide you through the forest.

## Trail Map





## Trail Location



### Location Details

Unload your bikes at the Gravel Hill car park where the mountain-bike trail begins. Queen Elizabeth Country Park is four miles south of Petersfield beside the A3. The site has its own sliproads on both the north and south bound carriageways of the A3; follow the brown and white tourist board signs. The nearest railway stations are at Petersfield and Rowlands Castle. There are bus services north to Petersfield and south towards Horndean and the coast.